

## 2017 Workshop Dates, Naturalists, and Costs

### Session 1: Sun., July 2 -- Fri., July 7

Session leader: Wendy Bevier or  
Anne Perkins

#### Naturalists:

David Lukas– naturalist & author  
and  
Daniel Kruth– geology & natural history

### Session 2: Sun., July 9 -- Fri., July 14

Session leader: Laurie Kingsley

#### Naturalists:

Adam Leiberg – wildlife field biologist,  
and  
Daniel Kruth– geology & natural history

See our web page at

<http://www.GoldenTroutWorkshops.org/>  
for the latest information.

The cost for each session is:

\$550 adult and \$325 for children 5 - 12 (Children under 5 are free)

Sunday begins with dinner and Friday ends with breakfast.

A non-refundable registration fee of \$100 per person is due at the time of registration and is included in the total fee cost.

**Absolutely no refunds will be made on cancellations after May 1 unless there is a replacement for your registration space.**

**DEADLINE FOR FULL PAYMENT IS MAY 1**

Consult with your doctor about altitude and medical problems prior to registering.

#### SEND RESERVATIONS TO:

Golden Trout Natural History Workshop, Inc.  
P.O. Box 253  
Solvang, CA 93464

805-688-8344 or GoldenTroutWorkshops@gmail.com

BE SURE TO VISIT OUR WEBSITE:

[www.GoldenTroutWorkshops.org](http://www.GoldenTroutWorkshops.org) for extensive information on the camp

FACILITIES... are “semi-primitive.” It is a backpack camp; food and supplies are brought in by mules. A central cooking and dining log cabin is used for eating and gathering. Sleeping tent cabins are dormitory style with canvas cots and 4 - 6 people in each tent. (Couples and families will be accommodated whenever possible.) An outdoor wash stand is available for brushing teeth and washing; showers with hot water are available at certain times. Meals are provided, but guests must carry in their own sleeping bags and personal belongings. The camp is remote, and communication with the “outside world” is very limited. Staff have a satellite phone that is for outgoing emergency calls only.

WHAT TO BRING... a good warm sleeping bag rated for at least 20° and a sleeping pad are essential, as the mountain weather is quite unpredictable. Bring durable outdoor clothing, geared for warm days, nippy mornings and evenings, cold nights, and rain. Have strong and comfortable boots or shoes for rocky trails. Other necessities include sun hat, dark glasses, chap stick, sunscreen, insect repellent, soap & towel, and personal toiletries.

In order to preserve the tranquility of the wilderness, please do not bring pets, cell phones, or audio equipment. Come prepared to enjoy a week in the wilderness without traffic noise and bright lights. Participation in the group educational experience is expected!

CHILDREN... must be accompanied by a parent or adult and both are expected to actively participate in the hikes and studies together. There is no minimum age; however, camp is not recommended for children under 5. There are no specific activities for children.

**Remember, you are responsible for the safety and behavior of your child.**

ALTITUDE CONDITIONING... is recommended. Get into good physical shape before the workshop with several weeks of regular, strenuous exercise, e.g. jogging. Do not overexert and get plenty of rest in camp until you are accustomed to the altitude. Bring aspirin or ibuprofen, and drink plenty of fluids during the drive up and the hike in to camp; as altitude headaches may be caused by dehydration. Consult with your doctor about altitude and medical problems, prior to registering.

*The Golden Trout Natural History Workshop, Inc. is a California 501(c)(3) non-profit educational organization. You can support our educational programs by making a tax deductible donation to the Workshop. Your contribution, large or small, can help with student scholarships, supplies and field equipment, books, maps, and other items that make the experience even more rewarding for our guests.*

## Golden Trout Natural History Workshop

### REGISTRATION FORM

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, & Zip \_\_\_\_\_

Phone \_\_\_\_\_

Area code

Number

Email \_\_\_\_\_

Others in family or group. Please give the ages of the children.

\_\_\_\_\_

\_\_\_\_\_

If you are coming with family or friends, will you all sleep in one tent?

\_\_\_\_\_

Please indicate any special dietary needs, i.e. vegetarian, etc.

\_\_\_\_\_

I wish to enroll in:

Session 1 \_\_\_\_\_

Session 2 \_\_\_\_\_

Cost per session: \$550 for adults and \$325 for children age 5 - 12 (Children under 5 are free)

Enclosed find a check payable to

“Golden Trout Natural History Workshop, Inc.”

Registration fee \_\_\_\_\_

Partial payment \_\_\_\_\_

Donation to GTNHW \_\_\_\_\_

Full payment \_\_\_\_\_

**Deadline to register and pay in full is May 1**

**Tear off this page and mail to:**

**Golden Trout Natural History Workshop, Inc.  
P.O. Box 253  
Solvang, CA 93464**

*Please tell us how you heard of us and Please tell a friend!*



Golden Trout Natural History Workshop, Inc.  
P.O. Box 253, Solvang, CA 93464

# GOLDEN TROUT CAMP



## 2017 Golden Trout Natural History Workshop

### Explore the High Sierra Get to Know the Cottonwood Lakes Basin, the Golden Trout Wilderness, and the John Muir Wilderness

*Stay in a comfortable, rustic camp and explore and learn through daily hikes with expert guides.*

**PURPOSE...** to promote appreciation of high Sierra ecosystems through a unique wilderness experience. You will have the opportunity to explore the Sierra through daily guided hikes. Informal talks, educational activities, and evening programs will examine many aspects of the southeastern Sierra.

During daily guided hikes to spectacular Sierra vistas many species of wildlife can be observed. They include mule deer, yellow-bellied marmot, porcupine, pika, and, possibly, bighorn sheep. Bird species to be seen include northern goshawk, golden eagle, blue grouse, Williamson's sapsucker, mountain bluebird, and rosy finch.

The flora of the Golden Trout Wilderness has many unique components. You will encounter several endemic species of plants while being overwhelmed by the abundance of wildflowers in the meadows adjoining camp and on your daily hikes. Lodgepole pines are the dominant trees surrounding camp, and foxtail pines, a species closely related to bristlecone pines, provide settings ideal for photographers.

**LOCATION...** is at 10,100 feet in the southern Sierra, near Mt. Whitney, and can be reached only by trail. Take Hwy. 395 to Lone Pine in the Owens Valley, about 215 miles from Los Angeles. Go west on the Whitney Portal Road and then left (south) on Horseshoe Meadow Road (steep, winding) to the Cottonwood Lakes-New Army Pass trailhead, about 20 miles. Leave your car in the parking lot and hike in about 3 miles; the elevation gain is about 500 ft. Allow 2 hours to all day for the hike. You may camp at the trailhead or near Lone Pine which will help you acclimate to the altitude before hiking to camp.



Please tell friends